<u>Bereavement</u>

<u>Bereavement Support</u>

Unfortunately, over the next few weeks and months, members of our St Anne's family may encounter a bereavement of a close friend or family member. First of all, we send our thoughts and prayers to all those families experiencing loss.

If you would like some further support, please refer to the website links below and examples of helpful books which can help you and your child deal with their loss.

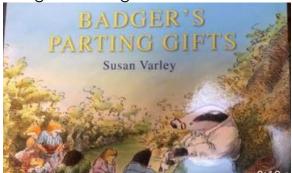
Grief is a very personal experience, and every child and young person will experience it differently, give them space to deal with their feelings in their own way.

It is important to remember to take care of ourselves when supporting bereaved children and young people, and seek support from our own networks as necessary.

Resources

Books

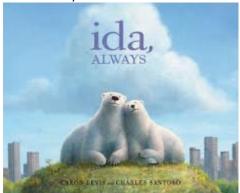
Badger's Parting Gifts



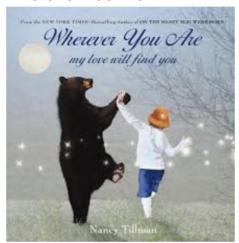
One Wave at a Time



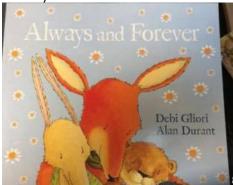
lda Always



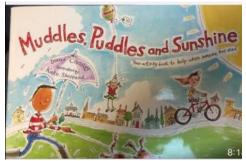
Wherever You Are



Always and Forever



Muddles, Puddles and Sunshine



Help Me Say Goodbye



Websites

Child Bereavement UK- https://www.childbereavementuk.org

Grief Encounter- https://www.griefencounter.org.uk

Winston's Wish- https://www.winstonswish.org

Simon Says- https://www.simonsays.org.uk