



Character Education

St Anne's style!



Six Skills...

Self- awareness

Self Awareness is having a clear perception of your personality, including strengths, weaknesses, thoughts, beliefs, motivation, and emotions. Self Awareness allows you to understand other people, how they perceive you, your attitude and your responses to them in the moment.





Team worker

Team workers work confidently with others, adapting to different contexts and taking responsibility for their own role. They listen and take account of others' views. They also form collaborative relationships, resolving issues and reaching agreed outcomes.

Being resilient

A person with good resilience has the ability to bounce back more quickly and with less stress than someone whose resilience is less developed. Like any human skill, learning greater resilience is something that you can do at any age, from any background, no matter your education or family relationships.



Showing commitment



Commitment is a value; it means being dedicated, not quitting. In order to teach children the value of commitment, we have to allow them to see that failure is okay. They need to learn to have a 'stick-with-it' attitude, and that commitment is something to be honoured, respected, and upheld. We need to teach children to keep going when things get hard, to stick it out and persevere.

Being a problem solver

Children will face many challenges as they grow, whether it is starting school, joining a sporting team or going to their first sleepover. The ability to make decisions and solve problems develops as children learn to cope with daily challenges. Young children are not expected to sort through every issue on their own, and it is likely that they will require lots of guidance from the adults around them. The good news is that encouraging children to take part in problem solving will help them develop this skill over time.





Showing empathy

Empathy is, at its simplest, awareness of the feelings and emotions of other people. It is a key element of Emotional Intelligence, the link between self and others, because it is how we as individuals understand what others are experiencing as if we were feeling it ourselves. When you have empathy, it means you can understand what a person is feeling in a given moment, and understand why other people's actions made sense to them. Empathy helps us to communicate our ideas in a way that makes sense to others, and it helps us understand others when they communicate with us.



Taught



Nurtured



'Learn to Live' skills



Teachers' modelling



All areas of the curriculum



School life

1

Learn to sign
your name

2

Build a den

3

Tie your
shoelaces

4

Visit a local
landmark

50 things I need to do before I leave St
Anne's...



Cross-curricular links

Clubs

Enhance
curriculum

Engagement

Parental
involvement