



St Anne's Catholic Voluntary Academy

Physical Education Curriculum

Intent

St Anne's CVA recognises the everlasting value of an excellent Physical Education (P.E) curriculum. We fully adhere to the aims of the national curriculum for physical education, with the aims of;

- growing competence in a broad range of physical activities
- creating physically active children for life
- engaging in competitive sports and activities
- develop 'whole children'

Implementation

P.E. is taught at St Anne's CVA as an area of learning in its own right, as well as being integrated where possible with other curriculum areas. It is taught at a minimum of one PE session a week, as well as after school and lunchtime clubs to boost their activity levels within school.

The key knowledge and skills of each topic are mapped across each year group. This ensures that children develop their knowledge of Games, Dance and Gymnastics, Athletics and OAA (Outdoor and Adventurous Activities) progressively through their time at St Anne's. The skills in these areas are also therefore developed systematically, with the programme of study for each year group building on previous learning and preparing for subsequent years. Knowledge and skills are informed and linked to enable success for all, as informed by the 2014 National Curriculum.

We teach lessons so that children:

- develop their fundamental movement skills, become increasingly competent and confident in their own abilities, within both their Health-related and Skill-related components of fitness
- engage in competitive (both against self and against others) and co-operative physical activities
- apply and develop a broad range of skills, learning how to use them in different ways and being able to link them together to create sequences/routines
- enjoy communicating, collaborating and competing with each other



- develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success/areas for development
- understand the benefits of exercise relating to both their physical and mental wellbeing, and the importance of developing life-long habits

Lessons are planned to utilise cross curricular links and include the context of the school (including access to local facilities and community role models, such as the sports coaches at Chris Hill). The varied curriculum is designed to enable all children to engage and enjoy physical activity and to experience success. An extensive extra-curricular provision also provides further challenge and access to a range of physical activities. All children have the opportunity to participate in PE at their own level of development, through the extensive differentiation included within the planned lessons. As well as securing and building upon a range of skills, children develop knowledge of the basic rules, both written and unwritten, helping to developing good sporting attitudes which link to life inside and outside of school.

Impact

The children complete each key stage with a high proficiency in every aspect of PE. Pupils are made aware of the link between physical activity and good mental health and understand its significance as part of a healthy, successful lifestyle. The school is part of the High Peak School Sport Partnership, allowing the children to participate in events outside of school against others, as well as within school. All our children are enthusiastic participants in our yearly sports day and are part of sports clubs outside of school also. The curriculum ensures that those in Y6 leave as 'Whole Children', who's physical, cognitive, social, affective and lifestyle domains have grown and developed to ensure that they are not only prepared to settle into modern life, but challenge and change it.