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|  | EYFS | Y1 | Y2 | Y3 | Y4 | Y5 | Y6 |
| Relationships Education | -God loves each of us in our uniqueness.- I know what I like and dislike.-Name similarities and differences between myself and others.-Say how I feel at different times.-I know that I belong to a family and can name my family members.-I can identify special people (family, carers, friends) in my life. -Show friendly behaviour and care towards others.-I know what makes a friend.  | -I give thanks for the good things in my life.-I know that I am part of a family.I know that we all have different likes and dislikes.-I can name happy and sad times in my life.-I can talk about my mood and know that how I am feeling is a normal part of daily life.-Be friendly and can make friends.-Be forgiving, able to say sorry to mend relationships.  | -I know that healthy families love, care and protect one another and that there are different family structures and these should be respected.-I know how my behaviour affects other people and that there are appropriate and inappropriate behaviours.-I know that there are different types of teasing and bullying which are wrong and unacceptable and how to respond.-I can recognise the characteristics of positive and negative relationships. -I know the importance of seeking and giving permission in relationships.-I know that I belong to a community. | -I can confidently say what I like and dislike.-I can be honest, able to be truthful in my relationships with others.-I know that some behaviour is unacceptable.-I can cope with natural negative emotions and show resilience following setbacks.-I know that I can go to a number of different people for help in different situations.-I know that there are different types of relationships including those between acquaintances, friends, relatives and family.-I can recognise emotions through a person’s body language-I understand the difference between appropriate and inappropriate touch.-I understand personal boundaries. | -I know that life is precious and given by God.-I know that God wants me to use my individual gifts, talents and abilities.-I can describe the wider range of my feelings.-I can identify different types of relationships.-I can distinguish between healthy and unhealthy relationships. -I understand the difference between appropriate and inappropriate touch.-I know who I can talk to if I feel uncomfortable. -I recognise that marriage represents a formal and legally recognised commitment and has a special significance as one of the sacraments.  | -I know that we are all children of God and made in God’s image and likeness. -I know that prayer and worship nourish my relationship with God and support my relationships with others.-I can be compassionate, able to empathise with the suffering of others and displaying the generosity to help. -I know about changes that can happen in life, e.g. loss, separation, divorce and bereavement and the emotions that can accompany these changes.  | I can show resilience and manage risk in order to resist unacceptable pressure and show determination and courage when faced with new challengesI know how to make informed choices in relationshipsI know that there are some cultural practices which are against British law and universal rights (e.g. honour-based violence and forced marriage, human trafficking etc.)I know that actions such as female genital mutilation (FGM) constitute abuse, are crimes and how to get support if they have fears for themselves or their peers.I can explain some of the Responsibilities of parenthood.  |
| Health Education | -I know that a baby grows inside its mother’s womb/tummy before birth. | -I know that babies change and grow and that there are life stages from conception to death.-I can name basic body parts and know which parts are private.  | -I can describe how to keep safe in the sun.-I know how to keep clean- basic hygiene.-I can name some similarities and differences between boys and girls.  | -I know that my body is changing as I grow and some of the changes that occur throughout life.-I know how to keep clean- with mention of some hygiene products.-Name basic body parts and know which parts are private.-Describe a healthy life-style, including physical activity, dental health, healthy eating, sleep and hygiene. | -I can describe the similarities and differences between girls and boys (specific) and correctly name the main external parts of the male and female body and their functions.-I can name some physical changes throughout puberty- changes to body parts and introduction of hormones- why this happens?-I know who to communicate with about changes in my body? | -I know the changes that occur at each stage of a human being’s life (including childhood, adolescence, adulthood, old age) and specifically the changes which occur during puberty. -I can explain the nature and role of menstruation in the fertility cycle and how to manage periods. -I can highlight the differences between boys and girls with regard to puberty. -I can describe how my emotions may change and intensify as I grow and move through puberty. | I can explain the week by week development of the baby in its mother’s womb and the stages of pregnancy. I can describe the differences between boys and girls with regard to puberty and reproduction.I can explain different ways a baby can be born.  |
| Sex Education | N/A | N/A | N/A | N/A | N/A | -I can explain how human life is conceived in the womb, including the language of sperm and ova. (Describe how a sperm fertilizes an egg at conception but intercourse is not explained in detail).  | -I can explain how human life is conceived in the womb, including the language of sperm and ova through sexual intercourse. -I can explain sexual attraction. -I can discuss the issues and the laws surrounding consent. -I can give some examples of other ways families are formed.  |